

| Lauf 1 / Race 1 - Men | | | | | | | | |
|-----------------------|-----------|-----|-----|------------------|--------------------|----------|-----|---------------------|
| Platz/Place | Zeit/Time | BIB | SEX | Nachname/Surname | Vorname/Given Name | DOB | NAT | Verein/Club |
| 1 | 15:20 | 42 | m | Krannich | Christian | 25.10.84 | GER | LAC Olympia 88 e.V. |
| 2 | 15:30 | 47 | m | Volkenandt | John | 22.07.93 | GER | LAC Olympia 88 e.V. |
| 3 | 15:35 | 43 | m | Goineau | Volker | 17.08.87 | FRA | LG Braunschweig |
| 4 | 15:41 | 41 | m | Singer | Tobias | 27.09.89 | GER | LAC Olympia 88 e.V. |
| 5 | 16:15 | 45 | m | Hüttig | Felix | 21.11.01 | GER | LAC Olympia 88 e.V. |
| 6 | 18:34 | 46 | m | Milbrandt | Moritz | 10.01.95 | GER | LAC Olympia 88 e.V. |

| Lauf 2 / Race 2 - Men | | | | | | | | |
|-----------------------|-----------|-----|-----|------------------|--------------------|----------|-----|----------------------------|
| Platz/Place | Zeit/Time | BIB | SEX | Nachname/Surname | Vorname/Given Name | DOB | NAT | Verein/Club |
| 1 | 13:54 | 3 | m | Herzog | Peter | 08.01.87 | AUT | Union Salzburg LA |
| 2 | 14:12 | 6 | m | Weldaj | Haftom | 13.03.90 | ERI | TSV Pattensen |
| 3 | 14:16 | 5 | m | Menzel | René | 11.08.92 | GER | Hannover Athletics |
| 4 | 14:17 | 1 | m | Petros | Amanal | 17.05.95 | GER | TV Wattenscheid 01 |
| 5 | 14:28 | 7 | m | Dahlke | Jonathan | 14.12.95 | GER | TSV Bayer 04 Leverkusen |
| 6 | 14:31 | 10 | m | Hailu | Abiel | 16.11.95 | ETH | SG Akquinet Lemwerder |
| 7 | 14:40 | 2 | m | Orth | Florian | 24.07.89 | GER | LG Telis Finanz Regensburg |
| 8 | 14:47 | 4 | m | Reinhardt | Philipp | 06.03.94 | GER | SV Einheit 1875 Worbis |
| 9 | 14:59 | 9 | m | Baar | Philipp | 16.06.92 | GER | SCC EVENTS PRO TEAM |
| 10 | 15:15 | 8 | m | Bürger | Dan | 17.09.97 | GER | LG Nord Berlin |

| Lauf 3 / Race 3 - Mixed | | | | | | | | |
|-------------------------|-----------|-----|-----|------------------|--------------------|----------|-----|---------------------------|
| Platz/Place | Zeit/Time | BIB | SEX | Nachname/Surname | Vorname/Given Name | DOB | NAT | Verein/Club |
| 1 | 15:22 | 21 | f | Reh | Alina | 23.05.97 | GER | SSV Ulm 1846 |
| 2 | 15:32 | 22 | f | Granz | Caterina | 14.03.94 | GER | LG Nord Berlin |
| Platz/Place | Zeit/Time | BIB | SEX | Nachname/Surname | Vorname/Given Name | DOB | NAT | Verein/Club |
| 1 | 14:38 | 28 | m | Reuter | Fabian | 03.06.93 | GER | Team Erdinger Alkoholfrei |
| 2 | 14:44 | 27 | m | Thurley | Tom | 13.09.93 | GER | Potsdamer Laufclub |
| 3 | 14:45 | 25 | m | Bergmann | Silas | 24.10.97 | GER | Hannover Athletics |
| 4 | 14:47 | 30 | m | Knutzen | Jan | 19.06.89 | GER | Osnabrücker TB |
| 5 | 14:48 | 24 | m | Riechers | Nicolai | 23.04.93 | GER | Osnabrücker TB |
| 6 | 15:05 | 31 | m | Nadeborn | Felix | 08.07.97 | GER | TuS Neukölln Berlin |
| 7 | 15:06 | 26 | m | Dierker | Marvin | 05.03.93 | GER | LG Osnabrück |
| 8 | 15:30 | 29 | m | Hoffmann | Philipp | 24.05.86 | GER | LAC Olympia 88 e.V. |

| Lauf 4 / Race 4 - Mixed | | | | | | | | |
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| Platz/Place | Zeit/Time | BIB | SEX | Nachname/Surname | Vorname/Given Name | DOB | NAT | Verein/Club |
| 1 | 16:31 | 51 | f | Gerdas | Christina | 04.07.95 | GER | SCC EVENTS PRO TEAM |
| 2 | 16:47 | 52 | f | Behrens | Jule | 04.04.03 | GER | ASC Darmstadt |
| 3 | 17:05 | 54 | f | Raatz | Simone | 11.03.76 | GER | ASC Darmstadt |
| 4 | 17:37 | 57 | f | Kroll | Vivien | 17.03.94 | GER | LAC Olympia 88 e.V. |
| 5 | 17:50 | 56 | f | Morgenroth | Carla | 28.10.95 | GER | LAC Olympia 88 e.V. |
| 6 | 18:17 | 55 | f | Dottschadis | Mareike | 24.11.90 | GER | LAC Olympia 88 e.V. |
| 7 | 19:13 | 53 | f | Reineke | Romy | 24.10.03 | GER | OSC Berlin |
| 8 | 19:31 | 58 | f | Maecker | Antonia | 12.02.69 | GER | OSC Berlin |
| 9 | 20:10 | 59 | f | Lipus | Fabienne | 18.06.90 | GER | LAC Olympia 88 e.V. |
| Platz/Place | Zeit/Time | BIB | SEX | Nachname/Surname | Vorname/Given Name | DOB | NAT | Verein/Club |
| 1 | 16:16 | 99 | m | Voß | Paul | 26.03.86 | GER | |
| 2 | 16:27 | 98 | m | Berger | Rico | 19.05.87 | GER | LAC Olympia 88 e.V. |
| 3 | 17:36 | 97 | m | Scheduikat | Ron | 13.12.90 | GER | LAC Olympia 88 e.V. |